

Whole Bowls Complete Gluten Free And Vegetarian Meals To Power Your Day

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Whole Bowls Complete Gluten Free

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Whole Bowls: Complete Gluten-Free and Vegetarian Meals to ...

Curried falafel and kale salad bowls. Black bean bowls with butternut squash, black rice, and chimichurri. Oat risotto bowls with soft-boiled eggs, avocado, and hazelnut dukkah. Sunny citrus bowls with orange pomegranate salsa and lemon cream. Carrot cake bowls with a cream cheese dollop and candied carrots.

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Whole Bowls: Complete Gluten-Free and Vegetarian Meals to ...

Whole Bowls Complete Gluten-Free and Vegetarian Meals to Power Your Day Allison Day. 240 Pages; April 5, 2016; ISBN: 9781634508551; Imprint: Skyhorse Publishing

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2 medium zucchini, diced. 4 tablespoons raw sunflower seeds. 3 ½ tablespoons tahini. 1 ½ teaspoons chickpea miso. 1 ½ tablespoons white wine vinegar. 1 tablespoon pure maple syrup. Pinch ...

4 Gluten-Free Whole Grain Bowls That Taste As Good As They ...

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Whole bowls : complete gluten-free and vegetarian meals to ...

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